

# 11<sup>th</sup> SA GAMES Dhaka 2010

## Weightlifting

Arrival of athlete and officials: 28<sup>th</sup> January, 2010

Opening ceremony: 29<sup>th</sup> January, 2010

### Daily Competition Schedule:

**DAY-1, 30<sup>th</sup> January, 2010.**

11.00-12.00 hrs	Managers' meeting
12.00-12.30.00 hrs	Verification of final entries
13.00-13.30 hrs	Technical official meeting

**DAY-2, 31<sup>st</sup> January, 2010.**

11.00 hrs	Weight is 56 kg weight category
13.00 hrs	Competition in 56 kg weight category
12.30 hrs	Weight in 62 kg weight category
14.30 hrs	Competition in 62 kg weight category
14.00 hrs	Weight in 69 kg weight category
16.00 hrs	Competition in 69 kg weight category

**DAY-3, 01<sup>st</sup> February, 2010.**

11.00 hrs	weight in 77 kg weight category
13.00 hrs	Competition in 77 kg weight category
12.30 hrs	Weight in 85 kg weight category
14.30 hrs	Competition in 85 kg weight category
14.00 hrs	Weight in 94 kg weight category
16.00 hrs	Competition in 94 kg weight category

**DAY-4, 02<sup>nd</sup> February, 2010.**

12.00 hrs	Weight in 105 kg weight category
14.00 hrs	Competition in 105 kg weight category
14.00 hrs	Weight in 105+ kg weight category
16.00 hrs	Competition in 105+ kg weight category

**Note: Date and venue may be changed subject to unavoidable circumstances.**